Brevard County Breastfeeding Resources October 2025

http://www.spacecoastbreastfeeding.weebly.com/

Visit Space Coast Breastfeeding Coalition

Information provided is subject to change without notice. Please call to verify meeting days, times, and locations.

Hospitals

Parrish Medical Center Lactation Consultant – Heather Focht, RN, IBCLC	**321-268-6682**
***Mom's Group - breastfeeding support* - Mon 10:00-11:00 a.m., The Children's Center, Titusville**	**321-268-6724**
Free Services: Outpatient appointments, Prenatal Breastfeeding Class, and Breastfeeding support	
Holmes Regional Medical Center Lactation Consultants	**321-434-7365**
Stephanie Dalpra, RN, IBCLC; Kimberly D'Avis, RN, IBCLC; Jennifer Roberts RN, MSN, IBCLC; Michelle Tucker, RN, CLC	
Viera Hospital Lactation Consultant	**321-868-8322**
Nickie Denholm, RN, IBCLC, Louise Silver, RN, Stephannie Cubillos, RN, CBC, CPST, Stephanie Froehlich, RN	
The Mom's Club at Viera Hospital, Conference Room 1(next to the Gift Shop), meeting Friday 11:00am - 12:30pm.	
Facebook: Vieramomsclub	

Community Services

Florida Department of Health, Brevard County WIC Program (Offices: Titusville, Viera, Melbourne)	**321-639-5793**
WIC program participants receive free lactation education and support services	
Healthy Start Coalition of Brevard	**321-634-6101**
Education, support, and resources for pregnant, newborns and families with children up to age 3	
Lactation education and support services available for program participants	
Service Members - VA Veteran Lactation Support – Carly Lewin, RD, LDN, CLC	Carly.Lewin@va.gov
Family Advocacy Program- Active duty/Guard/Reserves- Chazz Valverde	**321-494-8171**

Private Practice

Central Florida Breastfeeding Medicine and Primary Care, PLLC.	
Dr. Kelly Martinkus, MD, IBCLC, PMH-C, Breastfeeding Medicine Specialist	**(321) 345-0199**
info@centralfloridabreastfeedingmedicine.com www.centralfloridabreastfeedingmedicine.com	
Childbirth Concierge Services – Kathy Bradley, IBCLC, ICCE, CD - In-home consults for all Central FL	**321-213-1112**
Laene Keith, MA, CCC/SLP, IBCLC – Telehealth, Office and In Home Lactation Consultations	**321-271-7990**
	Laene@321Lactation.com
Latched On Brevard – Sascha Bartlett, RN, IBCLC - In-home consultations www.latchedonbrevard.com	**321-537-3837**
Serving all of Brevard County - BCBS & Cigna insurance accepted (6 free in-home visits)	
Mothering Nurture Consulting and Wellness - Nicole Longmire, MPH, IBCLC, PMH-C	**913-336-1125**
www.mothernurtureconsulting.comnicole@mothernurtureconsulting.com	
Palm Baby Breastfeeding Circle - Nekisha Killings, MPH, IBCLC	owner@lionesslactation.com
https://www.facebook.com/groups/palmbabybreastfeeding	
Space Coast Lactation - Rebecca Goff, ARNP, IBCLC; Meghan Christie RN, BSN, IBCLC, Sarah Patterson RN, BSN, IBCLC	
www.spacecoastlactation.com info@spacecoastlactation.com	**321-866-8484**
WellXperience, LLC	WellXperiencefl@gmail.com
Christy Vergara, MS, IBCLC **321-414-9197**; Donna Lowery, RNC, CLC (Serving North Brevard) **321-536-2273**	
Healing Hands by Mijah - Mijah Robinson, MiLC, LMT, Doula	**321-236-4757**
healinghandsbymijah.com healinghandsbymijah@gmail.com	
Kimberly Severson, CLC – (North Brevard)	**321-615-0073**
Tree of Life Birth Services - Dayna Glywasky, CLC dayna.glywasky@gmail.com	**321-914-5470**

Breastfeeding Products & Pump Rentals

Acquaviva's Pharmacy 1555 Port Malabar Blvd, Palm Bay	**321-725-7188**
Brevard Medical Equipment Merritt Island	**321-453-3370**
Florida Department of Brevard County WIC Program – (Pumps for eligible WIC clients only)	**321-639-5793**
Health First Medical Equipment 129 Hibiscus Blvd., Melbourne	**321-434-3400**
Holmes Regional Medical Center (Health First)	**321-434-7365**
StorkPump by AdaptHealth https://adapthealth.com/breastpumps/#form	
Online Pump Resources: https://pumpingessentials.com/ https://www.edgepark.com/ https://aeroflowbreastpumps.com/ https://themommycarekit.com/	

Milk Donation

Milk Bank of Florida – Brevard County Mother's Milk Depot Drop - The Nest *To schedule milk donation*	**321-222-7572**
the321nest@gmail.com Facebook: The321Nest	

National Hotlines

Infant Risk Center – Medication Information Hotline	www.infantrisk.com	**806-352-2519**
La Leche League International Breastfeeding Help Line		**800-525-3243 #8**
Best for Babes "Nursing in Public" Harassment Hotline		**1-855-NIP-FREE**

Online Resources

Breastfeeding videos https://globalhealthmedia.org/videos/ Stanford University School of Medicine - Firstdroplets.com
Breastfeeding Websites https://www.aap.org/en/patient-care/breastfeeding/ Breastfeeding Your Baby | ACOG Breastfeeding | Ask Dr Sears Breastfeeding USA – Empowering you with peer-to-peer support https://llli.org/breastfeeding-info/ Breastfeeding | Newborn Nursery | Stanford Medicine www.kellymom.com https://firstdroplets.com/ www.womenshealth.gov/Its-Only-Natural Breastfeeding 101 | WIC Breastfeeding Support (usda.gov) https://physicianguidetobreastfeeding.org/ U.S. Breastfeeding Committee (usbreastfeeding.org)
Black Mom's Breastfeeding Support https://blackwomendobreastfeed.org/ www.breastfeedingrose.org
Bras: www.**bravado**designs.com www.breakoutbras.com/category/full-fig-plus-size-nursing-bras
Crying Using the 5 S's to Soothe a Crying Baby: Dr. Harvey Karp – Happiest Baby
Medication www.infantrisk.com Mommy Meds available at mobile app store
National Women's Law Center–Info on coverage of pumps and lactation services under the Affordable Care Act https://nwlc.org/resource/breastfeeding-benefits-understanding-your-coverage-under-the-affordable-care-act/
Pumping and working Workplace Support in Federal Law (usbreastfeeding.org) www.exclusivepumping.com Breast Pumps | FDA Breastfeeding and going back to work | Office on Women's Health (womenshealth.gov)
Sleep information https://cosleeping.nd.edu/mckenna-biography/ https://safetosleep.nichd.nih.gov/ Safe Sleep (aap.org)
Travel information Traveling with Children | Transportation Security Administration (tsa.gov)

Childbirth/Doula/Family Resources

Healthy Start Coalition of Brevard Education, support, and resources for pregnant, newborns and families with children up to age 3 Nicole Longmire, IBCLC available for program participants	**321-634-6101**
Healing Hands by Mijah - Mijah Robinson, MiLC, LMT, Doula healinghandsbymijah.com healinghandsbymijah@gmail.com	**321-236-4757**
Positive Birth Flow- Michelle Rodriguez, Doula, Childbirth Educator www.positivebirthflow.com	**407-747-8761**
Sacred Heart Doula Services, LLC- Christy Lyn, Certified Doula, Tricare Doula	**321-358-1432**
Space Coast Doulas - Doula Services www.spacecoastdoulas.com	
Space Coast Cesarean & VBAC Support- Heather Schweich SpaceCoastCVBAC@gmail.com	**321-684-1111**
The HIVE: A 4th Trimester Collective- prenatal/postpartum classes and workshops for families https://321hive.com/	
Baby wearing: Space Coast Area Baby Wearers: www.facebook.com/groups/melbournebabywearers/	
Complementary Contraception Lily Fredrickson www.complementarycontraception.org A nonprofit that supports voluntary family planning services.	**321-507-4000**
The Mother Baby Pharmacist – Dr. Tara Birch, PharmD, CPh - Guidance on breastfeeding and medications themotherbabypharmacist.com themotherbabypharmacist@gmail.com	**321-609-5424**

Tongue Tie Specialists

Dr. Yoshita Patel Hosking DDS, MPH – Viera Pediatric Dentistry	info@vierapd.com www.vierapd.com	**321-417-0107**
Dr. David Malis, ENT Physician		**321- 254-5437**
Tongue tie information:	https://www.kiddsteeth.com/breastfeeding.php www.tonguetie.net/	

Additional Therapies

Space Coast Early Steps (therapy services birth to 3years) **https://www.spacecoastes.org/**	**321-634-3688**
Essential Health Healing Hands – Essential Health & Healing Hands - Home (essentialhealthhealinghands.com)	
Pediatric Craniosacral Message Therapy - Ginger Taylor, Certified Doula, LMT https://www.massageswithpurpose.com/	**321-480-9986**
Healthy Family Chiropractic - Dr. Beth Ruede, DC https://thehealthyfamilychiro.com/	**321-328-0056**
Pediatric Chiropractic Care - Dr. Leslie Ryan, DC https://atlanticwaychiro.com/	
Pediatric Physical Therapy- Sandy Toes Physical Therapy- Rachel Williams https://www.sandytoespt.com	
Pediatric Speech Language Pathologist- Taylor Made Therapies- Angie Taylor https://tmtherapies.com/	**321-622-8792**
Perinatal Depression support: Moms with Common Bonds – Perinatal and Postpartum Support Group Pre-register by emailing: help@miraclecityconseling.com Jennifer Stowers, LMHC, PMH-C; Melissa Richard (Student Counselor) Post-Partum Support International – Help for Moms http://www.postpartum.net/learn-more/help-for-moms/	**407-917-6828**
Pittman Perinatal Mental Health – Tysha K. Pittman, LMHC listeningears2.weebly.com	**321-613-8553**
Perinatal Mental Health Therapist Megan Williams LCSW, PMH-C Located in Merritt Island, in person or virtual appointments available	**321-978-5122**